

Christ have mercy
me.

Lord have mercy
me.

God the Father blefs

God the Son defend

God the Holy Ghost

serve me now and

evermore. *Amen.*

RULES and ADVE

TISEMENTS.

After this speak

unnecessarily to

before you go to sleep.

member that your Bed

a Representation of

Grave, and Sleep an Image

of Death. It bebores

not to lie down in such a
Condition as you would be
unwilling to be found or
taken in it.

Bed-Time.

Before you go into your Bed

kneel down and say,

Great Ruler of the

Day and Night,

On our Darkness cast thy

Light.

To thee, who doest by Rest

renew

My wasted Strength, I

humbly sue,

That when I shall uncloseth

mine Eyes,

Pure & chaste I may arise,

And make my Morning-

Sacrifice. In